



MALMA

DISCOVER A NEW LEVEL OF CALM

•ABOUT US•

Activate your senses

Listen, feel, smell, observe, stay present in calm.

CALMA SPA has been created thinking of a level of luxury and relaxation where textures and essences are incorporated to find a level of relaxation for the body and mind.

We offer high-level treatments, the team of professionals at CALMA SPA has taken the time to carefully select experiences inspired by exclusive treatments, advanced skincare, with an emphasis on natural products that have less impact on the environment with amazing benefits for the skin.

Feel free to discover a new level of Calm.

MASSAGES

• 4 HANDS SIGNATURE •

80 MIN - \$494 USD

Enjoy this massage specially designed by Casa Malca, it helps to release tension, nervousness and anxiety. Two therapists work synchronously in the body, making a fusion of unbeatable techniques.

• HOT STONE •

80 MIN - \$314 USD

A holistic massage using warm obsidian stones traditionally used in Mexico for their healing properties along with herbal infused oils to relieve deep seated muscle tension with medium to firm pressure.

• SPORT •

50 MIN - \$242 USD | 80 MIN - \$330 USD

Enjoy the benefits that will help you increase flexibility, joint range of motion, decreased muscle tension.

MASSAGES

•DEEP TISSUE•

30 MIN - \$150 USD | 50 MIN - \$238 USD
80 MIN - \$320 USD

Enjoy this massage that works the deep layer of the tissue, helps release tension, energizes helping to release stress.

This massage is done with a special decontracting oil formulated with cannabis oil, arnica and essential oil of cloves.

•SWEDISH•

30 MIN - \$130 USD | 50 MIN - \$218 USD
80 MIN - \$300 USD

Helps to eliminate tension, favors lymphatic and blood circulation, brings a natural balance to the body.

•PRENATAL•

50 MIN - \$240 USD

A prenatal massage is the perfect way for expectant moms to reduce stress and relieve the aches and pains associated with pregnancy. Our certified prenatal massage therapists know the proper way to position and support a woman's body during the massage. They modify techniques so every mommy-to-be can safely enjoy their pregnancy massage.

• AROMATHERAPY •

50 MIN - \$240 USD

Massage therapy, combined with essential oils, candles and incense, stimulates positive emotions and relaxation, equipping clients with coping mechanisms for many other health issues. The skin absorbs essential oils maintaining suppleness, it offers pain relief, and the aroma's mental stimulation provides the ultimate massage session.

• HYDROTHERAPY •

30 MIN - \$50 USD PER PERSON

Relaxing circuit that favors the elimination of toxins in the body.

Detox: 10 min in our sauna and steam room.

Reduce inflammation: quick immersion in our cold pool

Relax in our hot jacuzzi



FACIALS

•ORGANIC ARGAN & ROYAL JELLY•

60 MIN - \$220 USD

Rehydrates and regenerates. Provides an immediate before and after. Transforming the complexion into hydrated, smooth, and radiant skin, thanks to it's mixture of active ingredients that provide the best benefits, nutrients, and properties of nature.

•ETERNAL LIFTING EXPERIENCE•

80 MIN - \$315 USD

Iconic firming facial treatment made with cosmetics and masks that have a high content in regenerating and anti-aging active ingredients, which provide all antioxidants and nutrients necessary to firm the skin and restore its elasticity.

Accompanied by a lifting massage, the muscles relax, the skin brightens and the facial oval regains its definition and firmness.

•DEEP CLEANSING•

80 MIN - \$315 USD

Deep and painless facial hygiene, made with Organic & Vegan products that help the skin to get rid of all its impurities, erase the damage caused by pollution and recover a radiant and luminous appearance. Essential first step to sanitize the skin and prepare it for future treatments.



BODY WRAP

•DETOX GRAPEFRUIT & HONEY•

80 MIN - \$330 USD

Purifying treatment, reduces cellulite, inflammation, reduces pain muscle, eliminates calluses, is an excellent aid in the rehydration of the skin and purifies the lymphatic circulatory system. The salts of the dead sea and it's mixture of fine herbs with essences and Flowers of Bach remove impurities from the skin exposing a skin nourished, radiant and silky.

•ANTIOXIDANT CHOCOLATE BODY WRAP•

80 MIN - \$330 USD

Organic and natural antioxidant treatment, highly effective to show off healthy, young and radiant skin. Provides protection against free radicals that cause premature aging due to its high content of antioxidants and caffeine, stimulates circulation, providing tone and tone to tissues, is anti-inflammatory, sedative and astringent.

The treatment is finished with a light layer of cocoa butter and shea butter sealing cream with a highcontent of vitamin E and antioxidants.

RITUALS

• DETOX GRAPEFRUIT & HONEY+ DEEP TISSUE •

120 MIN - \$396 USD

Purifying treatment, reduces cellulite, inflammation, reduces pain muscle, eliminates calluses, is an excellent aid in the rehydration of the skin and purifies the lymphatic circulatory system. The salts of the dead sea and it's mixture of fine herbs with essences and Flowers of Bach remove impurities from the skin exposing a skin nourished, radiant and silky.

This ritual will add a deep tissue massage to provide a full relaxation treatment.

• ANTIOXIDANT CHOCOLATE BODY WRAP + SWEDISH MASSAGE •

120 MIN - \$396 USD

Organic and natural antioxidant treatment, highly effective to show off healthy, young and radiant skin. Provides protection against free radicals that cause premature aging due to its high content of antioxidants and caffeine, stimulates circulation, providing tone and tone to tissues, is anti-inflammatory, sedative and astringent.

The treatment is finished with a light layer of cocoa butter and shea butter sealing cream with a high content of vitamin E and antioxidants.

This ritual will add a Swedish massage to provide a full relaxation treatment.

RITUALS

• 360° CASA MALCA EXPERIENCE •

80 MIN - \$330 USD

Decontracting facial and body massage performed with Cannabis, Arnica, Patchuli and Clove oils that allows you perform a 360° massage that encompasses the skull, the face and the entire body. Ideal to relieve ailments such as bruxism and facial, cranial, cervical, and jaw muscle pain.

• ORGANIC & VEGAN •

60 MIN - \$250 USD

Wonderful ultra enveloping ritual performed with oils of Baobab, Lavandin, Bergamot, extract of Witch hazel and Hibiscus, specially designed to awaken all the senses, providing luminosity, well-being, relaxation and vitality. This ritual includes a relaxing body massage and a facial to show off a luminous and firm face.

• ROMANTIC COUPLES MASSAGE •

50 MIN - \$460 USD | 80 MIN - \$620 USD

Enjoy a relaxing couple's massage, therapist will work on an intuitive healing massage to find the points that need more attention, receive the benefits of the warm massage candle balm, select from the nourishing Argan & Gold or soothing Lavender massage candle. At the end, we reserve our hydrotherapy circuit where you can enjoy a glass of champagne and a dessert.

• SIGNATURE CASA MALCA EXPERIENCE •

120 MIN - \$396 USD

The treatment initiates with an uplifting full body exfoliation that prepares the skin to receive the benefits of the warm massage candle balm, select from the nourishing Argan & Gold or soothing Lavender massage candle. The massage will be tailored to your needs combining Swedish and deep tissue massage to promote a deep state of relaxation. The treatment is enriched with the application of a hydrating facial treatment and scalp massage.

• RESERVATIONS & INFO •

calmaspa@casamalca.com

PH +52 1 984 137 4721